



# Welcome to the **SNACK STATION**



# DAY 1

**Theme:** The Mass is a **MYSTERY**

**Virtue:** Patience

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## MYSTERY SNACK BOX

### Theme Connection:

This week at VBS, we will have fun exploring the Marvelous Mystery of the Mass. When something is a mystery, it means it is veiled, and often hidden from view. As part of the mystery, you will discover a hidden snack from one of the Mystery Snack Boxes.

### You'll need:

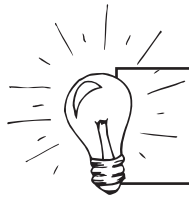
- ☐ Snacks and treats (*popcorn, Munchie mix, pretzels, fruit, chips, etc.*)
- ☐ Clear snack bags
- ☐ 4-5 medium cardboard boxes
- ☐ Mystery Snack box numbers (*download*)
- ☐ Tape

### Prep:

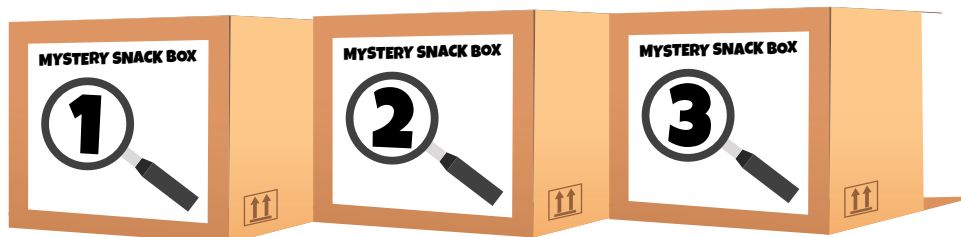
- Print the Mystery Snack Box numbers and tape one to the front of each box.
- Cut an opening in the back of the boxes and place a snack bag inside each one.
- Cut a small opening in the top of the boxes for kids to grab their Mystery Snack.
- Cover the table with a tablecloth. Have a leader hide behind the boxes to refill the snacks.

### Activity:

1. Line up and pick a number to discover your Mystery Snack.  
*To highlight the Virtue of the Day (patience), have each child wait patiently before eating, until everyone has their Mystery Snack.*



Prepare a similar box display to feature Mystery Drinks.  
(*Ex. Ice tea, lemonade, apple juice, grape juice, etc.*)



# BREAD OF LIFE BITES

## Theme Connection:

We read a lot about bread in the Bible. In the Old Testament, Moses and the Israelites ate manna, the bread from heaven. In the New Testament, Jesus performed miracles and multiplied loaves of bread for thousands of people. At the Last Supper, Jesus took bread and blessed it and gave us himself in the Eucharist. These Bread of Life Bites will remind us of Jesus, the true Bread of Life.

## You'll need:

- ☐ Pre-made pizza dough
- ☐ Baking soda ( $\frac{1}{2}$  cup)
- ☐ Salt
  
- ☐ Cheese sauce (1 tbsp/child)
- ☐ Pizza sauce (1 tbsp/child)
- ☐ Chocolate sauce (1 tbsp/child)
- ☐ Paper plates (1/child)

## Prep:

- Make 4-5 Bread of Life Bites per child.
- (Opt.) Heat up the sauces before serving them.

## Activity:

1. Scoop a spoonful of each sauce onto your plate.
2. Dip the Bread of Life Bites in the sauces and enjoy!

*Time saver: Buy large homemade pretzels and cut them up into bite-size pieces.*



## HOW TO MAKE BREAD OF LIFE BITES

1. Preheat the oven to 425°.
2. Cut the pizza dough into 1 inch balls.
3. Boil 10 cups of water in a large pot and very slowly add  $\frac{1}{2}$  cup of baking soda to the boiling water.
4. Add the dough balls to the water and boil for 45 sec.
5. Line a baking sheet with parchment paper and place the boiled dough balls on it.
6. Brush the tops with egg and sprinkle with salt.
7. Bake for 12-15 min or until a deep golden brown.

# KRISPIE CROSSES

## Theme Connection:

In every Catholic church in the world, you will find a crucifix. These Krispie Crosses are a reminder of the love that Jesus has for us and that He died on the cross for our sins.

## You'll need:

- ☐ Rice Krispies
- ☐ Marshmallows
- ☐ Cream cheese or icing
- ☐ Grapes
- ☐ Pretzel sticks

## Prep:

- Make Rice Krispies squares and cut them into crosses.

## Activity:

1. Decorate your Krispie Cross with icing.  
Use a grape and pretzel sticks for Jesus on the cross.



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# MYSTERY PUDDING

## Theme Connection:

This sweet treat adds a delight to the mystery of the day as you find surprises hidden in the chocolate pudding.

## You'll need:

- ☐ Chocolate pudding  
(*darker pudding hides treats*)
- ☐ Fruit, gummy candies, marshmallows, etc.
- ☐ Clear cups and spoons

## Prep:

- Insert treats into the pudding.

## Activity:

Enjoy finding and eating the surprise treats that are hidden inside the Mystery Pudding.